

## CHAPTER FIVE

# Health & Medical Information

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### Healthcare

Mach Hach BaAretz has access to healthcare for its campers 24 hours a day. Via our medical insurance provider, we are part of an extremely well structured medical system. Depending on the situation and the location of the patient, possibilities include a doctor coming on a “house call”, the camper being driven to a clinic or hospital, or an ambulance or paramedic being sent immediately. In the event of serious illness or injury, parents will be informed immediately. If any invasive treatment is required we will try to get parent authorization, except in an emergency where medical experts advise that a delay will be detrimental.

### Insurance

Mach Hach tuition includes limited medical insurance. This covers doctor’s visits, tests, treatments, hospitalizations and prescription drugs needed for injuries and illnesses that occur during the program. **Please note that our insurance policy might not cover certain pre-existing conditions.** For added coverage, please check your primary medical insurance policy since many polices will reimburse expenses incurred while traveling, including expenses due to pre-existing conditions. If you wish to purchase additional insurance, we recommend contacting Dani Eisenstock at [dani@travelinsuranceisrael.com](mailto:dani@travelinsuranceisrael.com) and he will be glad to assist you with finding a medical policy with coverage for stable pre-existing medical conditions.

### Inoculations

All campers are required to be up to date on all recommended inoculations and must submit a completed Immunization Form. If there are any issues with this, you must contact us.

### Medications from Home

If a camper requires a regular or daily dosage of medication, please note that it is the camper’s responsibility to store and administer their own medication. Madrichim will be happy to remind campers occasionally, but it is ultimately the responsibility of the camper. If this is an issue for you or your child, please contact us so we can discuss solutions. The exception to this rule is Epipens; any camper who requires an Epipen should bring at least three. All should be clearly labeled with his/her name. The camper should carry one and a madrich will carry an additional one. The third should be sent in case one of the others is used or compromised.

Medications that require refrigeration are complicated because of the traveling nature of the program – you must speak to us in advance so we can plan together accordingly. If your child takes prescription or non-prescription drugs, please send them with a sufficient supply to last for the duration of the program. American prescriptions cannot be filled in Israel. You may also want to pack small amounts of over-the-counter medications such as Advil, Imodium and cold medicine. The staff will also have a limited supply of over-the-counter medications that they can dispense to campers as needed. If you do not want your child to receive medications in this fashion, please note it on the Medical Form.



## **Medications Prescribed in Israel**

If a camper gets sick in Israel and medication is prescribed, we will purchase the medication and give it to the camper. If you would like to be consulted before your child starts taking a prescription drug, please contact us.

## **Special Dietary Needs**

Please be aware that because of the traveling nature of the program, Mach Hach does not operate its own kitchens and does not always have the ability to provide special meals. If your child has special dietary needs or allergies, you must indicate it on the application. In certain cases, the Mach Hach administration will then contact you to discuss whether we will be able to accommodate his/her needs. Feel free to contact us if you have any questions.

## **Physical Limitations**

Please be aware that some aspects of the program are physically strenuous. If your child has any physical limitations that may affect his/her ability to participate fully, please indicate it on the application or notify us immediately.

## **Disclosure**

In order for us to properly prepare for each camper, it is incumbent upon parents and campers that they disclose to the administrators of Mach Hach BaAretz any issue regarding the physical or mental/emotional health of the participant. Without this, we will not be able to properly prepare for the camper's arrival or make sure that they have a successful experience. Without advance notification, it is possible that the camper will not be able to remain on the program.

